

## Food Distribution High Grove Lane

### Current Schedule

#### Tuesday

9 am - Noon

#### Thursday

9 am - Noon

5 - 6:30 pm

#### Saturday

8 - 11:30 am

[www.loaves-fishes.org](http://www.loaves-fishes.org)

630.355.3663



New households can register online at [loaves-fishes.org/Get-help](http://loaves-fishes.org/Get-help). We will email you a card image. Display it when you arrive during food pickup hours.

## LOAVES & FISHES NEWS

### NEW LOAVES & FISHES PERMANENT CARD

Loaves & Fishes is providing online registration as a convenience to visitors who would like to use our curbside service to pick up food. To receive a permanent card and register for any additional programs, please plan to visit Loaves & Fishes, and **bring in your picture ID and proof of residency**. The lobby will be open for registration during food distribution hours.

### SERVICES FOR YOU

Loaves & Fishes is offering meetings by phone for some of our most needed services. For more information and to schedule appointments call **630-355-3663**.

- emergency financial assistance
- job coaching (resume and cover letter prep, interview skills),
- connections to community resources
- legal consultation (through DuPage Legal Aid)
- emotional support counseling (available for a low fee)
- free health screenings
- LIHEAP (Low Income Heating and Energy Assistance Program) appointments
- Nutrition education classes (contact ext.106 or [programs@loaves-fishes.org](mailto:programs@loaves-fishes.org))

### HOLIDAY FOOD

November holiday food will be distributed during food distribution on **Thursday, November 19<sup>th</sup>, Saturday, November 21<sup>st</sup> and Tuesday, November 24<sup>th</sup>**.

December holiday food will be distributed during food distribution on **Thursday, December 17<sup>th</sup>, Saturday, December 19<sup>th</sup> and Tuesday, December 22<sup>nd</sup>**.

### IMPORTANT DATES

Loaves & Fishes will be closed: **Nov. 26-28; Dec. 24-26; Dec. 31-Jan. 2.**

## DUPAGE COUNTY NEWS

**How do I get my FLU shot?** Request a flu vaccine voucher at: [www.accessdupage.org/flu/](http://www.accessdupage.org/flu/) and bring the voucher to your local Walgreens pharmacy.

**Don't lose your SNAP benefits!** If you received a renewal notice, with a renewal form and other documents, from the IL Department of Human Services, you must take action. Learn more:

<https://www.chicagosfoodbank.org/benefits-outreach/#snaprenewal>

**SNAP ALERT:** Be aware of a possible scam using texting that says you were chosen to receive food stamps or SNAP. This is NOT from the USDA. Never share personal information if asked by someone you do not know. Have questions? Call **630-328-1000**.

### GIVE YOUR CHILD A HEAD START

(Metropolitan Family Services DuPage Head Start Call 630-784-4801)

Head Start is available for families in DuPage County with children from birth to age 5. It's free! Head Start offers programs to help children learn and get ready for school. Enrollment is open now for families who meet income guidelines or have a child with a disability or special needs.

**OPEN ENROLLMENT for 2021 HEALTH INSURANCE COVERAGE** begins on November 1, 2020 and ends on December 15, 2020. Interested DuPage County residents may call the DuPage County Health Department at 630-682-7400 and select option 2 to schedule a virtual appointment and option 7 for benefits. Weekend appointments are also available from 8:00am – 1:00pm.

### GOT YOUR STIMULUS CHECK?

Many people qualify to receive a \$1,200 stimulus check through the CARES Act. Visit [GetMyPaymentIL.org](http://GetMyPaymentIL.org) or call 1-888-553-9777.

## THANKSGIVING

### **Need Turkey Tips?**

Just visit the Eat-Move-Save website for fun and fabulous recipes and food safety tips that will make your Thanksgiving even brighter.

### HOLIDAY GIFTS for CHILDREN and YOUTH

Many school districts offer holiday gift programs. Contact the social worker at your child's school to inquire.

