



Wildcat Wrestling Club Summer Camps 2017

Dates: June 12th - June 22nd

Days: Monday, Tuesday, Wednesday & Thursday

Time: 11 AM - 1 PM

Cost: \$90 per week

- \$ 160 for both weeks (\$20 discount for attending both weeks)

Format: Grades K-12

Week 1(camp 1) *Feet: set ups, attacks, finishes, defense*

Week 2 (camp 2) *Top & bottom: breakdowns, turns, escapes*

To Register – Go to <http://nvhs.ipsd.org/>

Go to Navigation Drop Box

Go to Athletics and that will take you to Summer Camp Registration

Sign Up Information:

Fill out Form Online OR

E-Mail form to: michael_mucha@ipsd.org OR

Mail form to: Mike Mucha / Neuqua Valley / 2360 95th St / Naperville, IL 60564

Payment:

Check - Make Check out to: Wildkat Wrestling Club

Mail to: Mike Mucha / Neuqua Valley / 2360 95th St / Naperville, IL 60564 OR

Bring check or Cash to first day of camp (*Cash payments will receive a receipt*)

Neuqua Valley High School Wrestling Room

Enter Door #46 (Team Entrance) Wrestling Room is on the second floor. Take the first set of stairs on the right side of hallway.

Name _____

Grade _____ School _____

Address _____

Camp (indicate 1, 2 or both) _____

Name & email address _____

Name & Phone Number #1 _____

Medical Issues:

Contact: Mike Mucha - 630-428-6190

michael_mucha@ipsd.org

July 2017 - no cost

- July 3-7 --- OFF
- July 10 - July 27 will be a blend of open-mats, *summer league evenings* and lifting. *Full schedule will be communicated closer to the summer.*
- **Mondays**
 - July 10,17,24 - Open Mats - 10:00 am - 11:30 am
 - Open to all ages
- **Tuesdays**
 - Summer League Match nights ~ 5pm - 8pm
 - (H.S. Only)

****Wednesdays – TBD**