



# *Supporting Your Adolescent: Building Resiliency*

**Please join us for**

***A Speaker***

**Wednesday, March 14th from 7:00—8:00pm**

**with guest speaker:**

**Adam Russo, LCSW from Edgewood Clinical Services**



Adam Russo is the Chairman and CEO of Edgewood Clinical Services, founded in 2004. He is skilled at connecting with young people in individual settings, encouraging them to take an active role in their own treatment. Adam has worked with youth facing many difficulties including mood instability, acting out behaviors, adjustment disorders, family conflict, symptoms of post-traumatic stress, legal issues and social withdrawal.

In this presentation, you will learn:

- How to help your child cope with stressors, including academic and social issues
- Help identify strategies to help your child when the unexpected happens
- How to deal with peer conflict and bullying



Please join us in the Fischer Forum Room for an  
engaging speaker and pie.

We look forward to seeing you then!