



## FREE PUBLIC AWARENESS TALK



# YOUTH – CHALLENGES & CONCERNS

## DISCUSSION TOPIC

### Today's Youth and their Challenges and Concerns

Discussion on youth depression and mental health, managing personal and school activities, dealing with bullying or stress and ways to help.

2:00 pm – Welcome

2:10 pm – **Gemini Bhimani** (Youth activist)

2:25 pm – **Anne King** (American Foundation of Suicide Prevention)

2:40 pm – **Kirsten Knight** (Youth Mental Health Counselor)

2:55 pm – **Dr. S Swaminathan** (Chairman of Dept. of Psychiatry at Advocate Medical Center)

3:10 pm – **IdaLynn Wenhold** (Executive Director of Kids Matter)

3:20 pm - 4:00 pm – Q and A from audience

Light snacks will be served; Event is FREE

### W H E N

**SUN APRIL 8, 2018**

**2 PM - 4 PM CST**

### W H E R E

**NAPERVILLE PUBLIC LIBRARY AT 95TH STREET,**

**3015 Cedar Glade Drive, Naperville, IL**

Questions? [info@sanjeevani4u.com](mailto:info@sanjeevani4u.com) or 224-424-0050 (available 24x7)

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