

# Novel H1N1 Virus



DUPAGE COUNTY  
HEALTH DEPARTMENT

*Everyone, Everywhere, Everyday*

If you think your child has the Novel H1N1 Virus:

*Call your childcare provider, school, or other activities and let them know.*

*Stay home from school and all other activities until at least 24 hours free of fever (100° F or greater), or signs of a fever without the use of fever-reducing medications.*

*DO NOT give aspirin or salicylate-containing medicines to anyone under 19 years of age.*

**Novel H1N1 Virus is a new respiratory infection**

## INFLUENZA LIKE ILLNESS

Your child may have:

- **Fever (100° F or greater) AND**
- **Cough and/or sore throat**

In some cases diarrhea and vomiting can occur.

Illness may last up to 7 days.

## EMERGENCY WARNING SIGNS

Call your physician if you become ill and experience any of the following warning signs:

**In children**, emergency warning signs that need urgent medical attention include:

- *Fast breathing or trouble breathing*
- *Bluish or gray skin color*
- *Not drinking enough fluids*
- *Severe or persistent vomiting*
- *Not waking up or not interacting*
- *Being so irritable that the child doesn't want to be held*
- *Symptoms improve but then return with fever and worse cough*

**In adults**, emergency warning signs that need urgent medical attention include:

- *Difficulty breathing or shortness of breath*
- *Pain or pressure in the chest or abdomen*
- *Sudden dizziness*
- *Confusion*
- *Severe or persistent vomiting*
- *Symptoms improve but then return with fever and worse cough*

## PREVENTION

Get immunized.

Cover your mouth and nose when you cough or sneeze.

Clean your hands often.

Avoid contact with those who are sick.

Stay home if you are sick.

For more information, please visit [protectdupage.org](http://protectdupage.org).

H1N1 Hotline, available 24/7 - (630) 221.7600