Not your idea of quality family time?

Protect Yourself. Protect Your Family.

Get a Flu Shot.

‡ young children
‡ pregnant women
‡ adults 65 years and older
‡ anyone with chronic health conditions like asthma, diabetes, and heart disease.

A yearly flu vaccine is recommended for everyone 6 months and older.

Vaccination is especially important for protecting those at high risk for serious flu complications, including:

• young children
• pregnant women
• adults 65 years and older
• anyone with chronic health conditions like asthma, diabetes, and heart disease.

Flu shots are available at physician offices, pharmacies and convenient care clinics.

DUPAGE COUNTY HEALTH DEPARTMENT

Everyone, Everywhere, Everyday