

Not your idea of **quality family time?**



Protect Yourself. Protect Your Family.
Get a Flu Shot.

A yearly flu vaccine
**is recommended
for everyone**
6 months and older.

**Vaccination is especially important
for protecting those at high risk for
serious flu complications, including:**

- young children
- pregnant women
- adults 65 years and older
- anyone with chronic health conditions
like asthma, diabetes, and heart disease.

**Flu shots are available at physician offices,
pharmacies and convenient care clinics.**



**DUPAGE COUNTY
HEALTH DEPARTMENT**

Everyone, Everywhere, Everyday