

**Indian Prairie School District #204
Elementary Lunch Menu
November 2009**

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cheeseburger on a Bun Or *Fish Nuggets w/Wheat Roll Pretzel Twists Chilled Peaches Choice of Milk	3 *French Toast Sticks w/Syrup Or Cheese Dog on Bun Hash Brown Patty Chilled Strawberries Choice of Milk	4 Balanced Choices Meal: Pasta & Meat Sauce w/Wheat Roll Green Beans Fresh Orange Slices Choice of Milk <i>Alternate Hot Entrée:</i> Chicken Patty on a Bun	5 Soft Shell Beef Tacos Or *Cheese Stuffed Breadstick w/Marinara Sauce Mixed Vegetables Chilled Pears Choice of Milk	6 *Cheese Pizza Or BBQ Pork on a Bun Golden Corn Fruit Cocktail Choice of Milk
9 Chicken Nuggets w/Wheat Roll Or *Egg and Cheese Muffin Oven Baked French Fries Mandarin Oranges Choice of Milk	10 Parent/Teacher Conferences No School	11 Veterans' Day No School	12 *Sour Cream & Onion Bean Burrito Or Mini Turkey Corn Dog Nuggets Carrot Coins Applesauce Choice of Milk	13 Balanced Choices Meal: *Cheese Pizza Potato Wedges Fresh Apple Choice of Milk <i>Alternate Hot Entrée:</i> Hamburger on a Bun
16 Balanced Choices Meal: Chicken Patty on a Bun Peas & Carrots Chilled Pineapple Choice of Milk <i>Alternate Hot Entrée:</i> Hot Ham & Cheese on a Bun	17 *Pancakes w/Syrup Or Meatball Sub Sandwich Baked Tator Tots Mandarin Oranges Choice of Milk	18 *Cheese Ravioli w/Wheat Roll Or Hamburger on a Bun Steamed Broccoli Fresh Banana Choice of Milk	19 Nachos w/Meat & Cheese Or Hot Dog on a Bun Golden Corn Chilled Peaches Choice of Milk	20 *Cheese Pizza Or BBQ Rib Patty on a Bun Mixed Vegetables Applesauce Choice of Milk
23 Balanced Choices Meal: Chicken Nuggets w/Whole Wheat Bread Mashed Potatoes Chilled Pears Choice of Milk <i>Alternate Hot Entrée:</i> Cheeseburger on a Bun	24 *French Toast Sticks w/Syrup Or Chicken Corn Dog Baked Tator Tots Chilled Strawberries Choice of Milk	25 Thanksgiving Break No School	26 Thanksgiving Break No School	27 Thanksgiving Break No School
30 Balanced Choices Meal: *Cheese Stuffed Breadstick w/Marinara Sauce Green Beans Fruit Cocktail Choice of Milk <i>Alternate Hot Entrée:</i> Hot Dog on a Bun			Balanced Choices Meals are meal combinations that meet precise nutrition standards that endorse healthy eating guidelines for students.	Lunch Meal Prices: Paid Lunch: \$2.25 Reduced Lunch: \$0.40 White Milk: \$0.40 Chocolate Milk: \$0.50
Alternate COLD Lunches				
Mondays: *Bagel w/Cream Cheese Fun Lunch, Chilled Fruit, Fruit Juice, and Milk	Tuesdays: Balanced Choices Meal: Junior Turkey & Cheese Sub w/ Graham Crackers, Mandarin Oranges, 100% Apple Juice, and Milk	Wednesdays: *Pizza Bagel Fun Lunch w/Animal Crackers, Baby Carrots, Fruit, and Milk	Thursdays: *Blueberry Muffin w/Yogurt Cup Fun Lunch, Fresh Fruit, Fruit Juice, and Milk	Fridays: Ham Sandwich (no cheese) Fun Lunch w/Graham Crackers, Baby Carrots, Fruit, and Milk

*This menu item is a vegetarian option

Full student lunch includes choice of 1 entrée, 2 side dishes, and milk.

Daily Milk Choices Include: Skim White, 1% White, and 1% Chocolate

Menu Questions or Comments? Please Call Director of Dining Services: Susan Ladesic, RD at 630-428-6570

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250.



**-*Soynut Butter & Jelly Sandwich
Offered Daily as an Entree.**

-Tossed Salad Offered Daily as a Side Dish.

