



December. Gluten Free. Menu. District 204



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Grilled Cheese (GF Bread) Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk
4 Grilled Chicken (GF rice) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	5 Cheese Nachos (corn tortilla chips) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	6 Roasted Baked Potato w. Cheese (GF Brazilian Cheese Roll) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	7 Pasta Mia Marinara (GF Pasta) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	8 Ham & Cheese Melt (GF Bread) Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk
11 Grilled Chicken (GF rice) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	12 Cheese Quesadilla (corn tortilla) Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	13 4 Star Mac & Cheese (GF Pasta) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	14 Chicken Teriyaki (GF rice) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	15 Turkey & Cheese (GF Bread) Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk
18 Cheese Quesadilla (corn tortilla) Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	19 Turkey Nachos (corn tortilla chips) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	20 Pasta Mia Marinara (GF Pasta) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	21 Chicken Nachos (corn tortilla chips) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	22 Grilled Cheese (GF Bread) Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk
25 Winter Break No School	26 Winter Break No School	27 Winter Break No School	28 Winter Break No School	29 Winter Break No School

To place an order, contact [Judy\\_Burns@ipsd.org](mailto:Judy_Burns@ipsd.org)

Please place your orders 5 days in advance

Each meal includes fruit, vegetable, and milk

A note from the physician is required. Please submit it to the school nurse.



Meals include rBST-free skim or 1% milk

In accordance with Federal law and United States Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, and disability.

It's time to get your GREEN on!

questions? comments? brilliant ideas? we want to hear from you.