

Gluten Free Menu

April 2017

1
Grilled Turkey & Cheese Sandwich
Fresh Fruits & Vegetables

2
Chicken & GF Pasta
Fresh Fruits & Vegetables

3
Turkey & Cheese Salad w/ Slice of Bread
Fresh Fruits & Vegetables

4
Hot Dog w/ Rice or GF Bun
Fresh Fruits & Vegetables

5
Cheese Pizza
Fresh Fruits & Vegetables

8
Chicken Patty on GF Bun
Fresh Fruits & Vegetables

9
Hot Dog w/ Rice or GF Bun
Fresh Fruits & Vegetables

10
Chicken Quesadilla
Fresh Fruits & Vegetables

11
BBQ Chicken on GF Bun
Fresh Fruits & Vegetables

12
Cheese Pizza
Fresh Fruits & Vegetables

More info...

To order a meal contact Jamie_schumann@ipsd.org 3 days before first order. Your child may participate in the GF program with a note from the doctor.

15
Hot Dog w/ Rice or GF Bun
Fresh Fruits & Vegetables

16
Cheeseburger on GF Bun
Fresh Fruits & Vegetables

17
Grilled Turkey & Cheese Sandwich
Fresh Fruits & Vegetables

18
Chicken & GF Pasta
Fresh Fruits & Vegetables

19
Cheese Pizza
Fresh Fruits & Vegetables

More info...

Meals are served with choice of fruit, vegetable and milk.

Sun butter and Jelly on Udi's bread is available daily.

22
BBQ Chicken on GF Bun
Fresh Fruits & Vegetables

23
Cheeseburger on GF Bun
Fresh Fruits & Vegetables

24
3 Cheese Wrap
Fresh Fruits & Vegetables

25
Hot Dog w/ Rice or GF Bun
Fresh Fruits & Vegetables

26
Cheese Pizza
Fresh Fruits & Vegetables

29
No School

30
GF Cheesy Baked Pasta
Fresh Fruits & Vegetables

31
Hot Dog w/ on GF Bun
Fresh Fruits & Vegetables

1
Rice Chex Cereal & Cheese Sticks
Fresh Fruits & Vegetables

2
Cheese Pizza
Fresh Fruits & Vegetables

