




November. Gluten-Free. Menu.

District 204



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 4 Star Mac & Cheese (GF Pasta) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	2 Sloppy Joe Sandwich (GF Bun) Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	3 Grilled Cheese (GF Bread) Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk
6 Chicken Fajitas (corn tortilla) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	7 Grilled Chicken (GF rice) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	8 Cheese Quesadilla (corn tortilla) Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	9 Turkey Tacos (corn tortilla) Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	10 Ham & Cheese Melt (GF Bread) Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk
13 No School Parent Teacher Conferences	14 Turkey Nachos (corn tortilla chips) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	15 Chicken Alfredo (GF pasta) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	16 Roasted Baked Potato w. Cheese (GF Brazilian Cheese Roll) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	17 Turkey & Cheese (GF Bread) Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk
20 Grilled Cheese Please (GF Bread) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	21 Thanksgiving Turkey w. Potatoes & Cranberry Sauce Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	22 No School	23 Happy Thanksgiving! 	24 No School
27 Grilled Chicken (GF rice) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	28 Turkey Taco Tuesday! (corn tortilla) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	29 Pasta w. Meat Sauce (GF pasta) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	30 Chicken Fajita (corn tortilla) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	

To place an order, contact [Judy\\_Burns@ipsd.org](mailto:Judy_Burns@ipsd.org)

Please place your orders 5 days in advance

Each meal includes fruit, vegetable, and milk

A note from the physician is required. Please submit it to the school nurse.



In accordance with Federal law and United States Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, and disability.

It's time to get your GREEN on!

questions? comments? brilliant ideas? we want to hear from you.

Meals include rBST-free skim or 1% milk