



October. Gluten-Free. Menu. District 204



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Pasta Mia Marinara (GF pasta) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	3 Turkey Taco Tuesday! (corn tortilla) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	4 Roasted Baked Potato w. Cheese GF Brazilian Cheese Roll Steamed Veggies Just Picked Fresh Fruit	5 Sloppy Joe Sandwich (GF Bun) Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	6 Grilled Cheese Please! (GF Bread) Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint
9 No School Columbus Day	10 Turkey Nachos (corn tortilla chips) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	11 4 Star Mac & Cheese (GF Pasta) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	12 Southwestern Chicken Bowl (GF rice) Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	13 Grilled Ham & Cheese (GF Bread) Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint
16 Grilled Chicken (GF Brazilian Cheese Roll) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	17 Cheese Quesadilla (corn tortilla) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	18 Baked Pasta Marinara (GF Pasta) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	19 Chicken Fajita (corn tortilla) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	20 Grilled Turkey & Cheese (GF Bread) Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint
23 Grilled Chicken (GF rice) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	24 Mmmburger w. Cheese (GF Bun) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	25 Pasta Bolognese (GF Pasta) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	26 Roasted Baked Potato (GF Brazilian Cheese Roll) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	27 Grilled Swiss Cheese Sandwich (GF Bread) Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint
30 Grilled Chicken Sandwich (GF Bun) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	31 Turkey Taco Tuesday! (corn tortilla) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint			

To place an order, contact Judy_Burns@ipsd.org

Please place your orders 5 days in advance

Each meal includes fruit, vegetable, and milk

A note from the physician is required. Please submit it to the school nurse.



In accordance with Federal law and United States Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, and disability.

It's time to get your GREEN on!

questions? comments? brilliant ideas? we want to hear from you.

Meals include rBST-free skim or 1% milk