

Artificial
Ingredients,
Additives,
Preservatives

High Fructose
Corn Syrup

Fried Foods
Mystery Meats

ALWAYS fresh
NEVER frozen

4-Star Schod
Lunch Provider!



October. Indian Plains. Breakfast.

District 204



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|--|
| 2 Whole Grain Assorted Breakfast Bars Just Picked Fresh Fruit Ice Cold Milk Pint | 3 Waffles w. Syrup Just Picked Fresh Fruit Ice Cold Milk Pint | 4 Egg & Cheese Breakfast Sandwich Just Picked Fresh Fruit Ice Cold Milk Pint | 5 Scrambled Eggs w. Ham & Cheese Just Picked Fresh Fruit Ice Cold Milk Pint | 6 Breakfast Brunch! Just Picked Fresh Fruit Ice Cold Milk Pint |
| 9 No School Columbus Day | 10 Breakfast Sandwich Just Picked Fresh Fruit Ice Cold Milk Pint | 11 Scrambled Eggs w. Toast Just Picked Fresh Fruit Ice Cold Milk Pint | 12 Waffles w. Syrup Just Picked Fresh Fruit Ice Cold Milk Pint | 13 Biscuit w. Jelly Just Picked Fresh Fruit Ice Cold Milk Pint |
| 16 French Toast Sticks w. Syrup Just Picked Fresh Fruit Ice Cold Milk Pint | 17 Egg & Cheese Biscuit Sandwich Just Picked Fresh Fruit Ice Cold Milk Pint | 18 Pancakes w. Syrup Just Picked Fresh Fruit Ice Cold Milk Pint | 19 Scrambled Eggs w. Ham & Cheese Just Picked Fresh Fruit Ice Cold Milk Pint | 20 Breakfast Brunch! Just Picked Fresh Fruit Ice Cold Milk Pint |
| 23 Whole Grain Assorted Cereal Bowls Just Picked Fresh Fruit Ice Cold Milk Pint | 24 Breakfast Sandwich Just Picked Fresh Fruit Ice Cold Milk Pint | 25 Scrambled Eggs w. Toast Just Picked Fresh Fruit Ice Cold Milk Pint | 26 Pancakes w. Syrup Just Picked Fresh Fruit Ice Cold Milk Pint | 27 Biscuit w. Jelly Just Picked Fresh Fruit Ice Cold Milk Pint |
| 30 French Toast Sticks w. Syrup Just Picked Fresh Fruit Ice Cold Milk Pint | 31 Egg & Cheese Biscuit Sandwich Just Picked Fresh Fruit Ice Cold Milk Pint | | | |

**2017-2018
Meal Pricing:**

\$1.60
Paid Breakfast
\$0.30
Reduced
Breakfast
(If qualified)

**Available
Daily:**

~Bagels & Cream
Cheese,
Breakfast Bars,
Cereal Bowls,
Assorted Pop
Tarts, Muffins,
etc.

*Breakfast is
available at all
High Schools

Meals include rBST-free skim or 1% milk



In accordance with Federal law and United States Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, and disability.

It's time to get your **GREEN** on!

questions? comments? brilliant ideas? we want to hear from you.