

Artificial  
Ingredients,  
Additives,  
Preservatives

High Fructose  
Corn Syrup

Fried Foods  
Mystery Meats

ALWAYS fresh  
NEVER frozen

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4-Star School  
Lunch Provider!

| MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   |
|--|--|--|---|--|
|  |  |  |   | 1<br>No School<br>Institute Day  |
| 4<br>No School<br>Labor Day  | 5<br>Cheese Quesadilla<br>(corn tortilla)<br>Steamed Veggies<br>Fresh Fruit<br>Ice Cold Milk Pint  | 6<br>Mac n' Cheese<br>(GF pasta)<br>Steamed Veggies<br>Fresh Fruit<br>Ice Cold Milk Pint       | 7<br>Veggie Nachos<br>(corn tortilla chips)<br>Steamed Veggies<br>Fresh Fruit<br>Ice Cold Milk Pint                   | 8<br>Grilled Cheese Please!<br>(GF bread)<br>Steamed Veggies<br>Fresh Fruit<br>Ice Cold Milk Pint            |
| 11<br>Grilled Chicken<br>served with GF rice<br>Steamed Veggies<br>Fresh Fruit<br>Ice Cold Milk Pint                     | 12<br>Turkey Tacos<br>(corn taco shells)<br>Steamed Veggies<br>Fresh Fruit<br>Ice Cold Milk Pint   | 13<br>Baked Mostaccioli<br>(GF pasta)<br>Steamed Veggies<br>Fresh Fruit<br>Ice Cold Milk Pint  | 14<br>Chicken Nachos<br>(corn tortilla chips)<br>Steamed Veggies<br>Fresh Fruit<br>Ice Cold Milk Pint                 | 15<br>Grilled Ham & Cheese<br>(GF Bread)<br>Steamed Veggies<br>Fresh Fruit<br>Ice Cold Milk Pint             |
| 18<br>Grilled Chicken<br>Served with<br>GF Brazilian Cheese Roll<br>Steamed Veggies<br>Fresh Fruit<br>Ice Cold Milk Pint | 19<br>Chicken Tacos<br>(corn taco shells)<br>Steamed Veggies<br>Fresh Fruit<br>Ice Cold Milk Pint  | 20<br>Pasta Mia Marinara<br>(GF pasta)<br>Steamed Veggies<br>Fresh Fruit<br>Ice Cold Milk Pint | 21<br>Cheese Nachos<br>(corn tortilla chips)<br>Steamed Veggies<br>Fresh Fruit<br>Ice Cold Milk Pint                  | 22<br>Grilled Turkey & Cheese<br>(GF Bread)<br>Steamed Veggies<br>Fresh Fruit<br>Ice Cold Milk Pint          |
| 25<br>Chicken Fajitas<br>served with GF rice<br>Steamed Veggies<br>Fresh Fruit<br>Ice Cold Milk Pint                     | 26<br>Cheese Quesadilla<br>(corn tortilla)<br>Steamed Veggies<br>Fresh Fruit<br>Ice Cold Milk Pint | 27<br>Mac n' Cheese<br>(GF pasta)<br>Steamed Veggies<br>Fresh Fruit<br>Ice Cold Milk Pint      | 28<br>Roasted Potato<br>w. Cheese<br>GF Brazilian Cheese Roll<br>Steamed Veggies<br>Fresh Fruit<br>Ice Cold Milk Pint | 29<br>Grilled Swiss Cheese<br>Sandwich<br>(GF Bread)<br>Steamed Veggies<br>Fresh Fruit<br>Ice Cold Milk Pint |

To place an order,  
contact  
judy\_burns  
@ipsd.org

Please place your  
orders 5 days in  
advance

Each meal  
includes fruit,  
vegetable, and  
milk

A note from the  
physician is  
required. Please  
submit to the  
school nurse.

