



March. Gluten Free. Menu. District 204



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			No School Parent Teacher Conferences	No School Institute Day
5 Chicken Fajitas (GF Corn Tortilla) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	6 Cheese Nachos (GF Corn Tortilla Chips) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	7 Pasta Mia Marinara (GF Pasta) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	8 Roasted Baked Potato w. Cheese (GF Brazilian Cheese Roll) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	9 Grilled Cheese (GF Bread) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk
12 Grilled Chicken (GF Rice) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	13 Cheese Quesadilla (GF Corn Tortilla) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	14 4 Star Mac & Cheese (GF Pasta) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	15 Pasta Mia Marinara (GF Pasta) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	16 Grilled Ham & Cheese (GF Bread) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk
19 Roasted Baked Potato w. Cheese (GF Brazilian Cheese Roll) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	20 Grilled Cheese (GF Bread) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	21 Beef Nachos (GF Corn Tortilla Chips) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	22 Egg & Cheese Breakfast Sandwich (GF Bread) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	23 Cold Turkey & Cheese Sandwich (GF Bread) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk
26 No School Spring Break	27 No School Spring Break	28 No School Spring Break	1 No School Spring Break	2 No School Spring Break

To place an order, contact Judy_Burns@ipsd.org

Please place your orders 5 days in advance

Each meal includes fruit, vegetable, and milk

A note from the physician is required. Please submit it to the school nurse.



Meals include rBST-free skim or 1% milk

In accordance with Federal law and United States Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, and disability.