



Nov 2018. GLUTEN FREE. Menu.

District 204



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			Mac & Cheese (GF Pasta) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	Turkey & Cheese Sandwich (GF Bread) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk
No School Parent Teacher Conferences	No School	<b>Grab Bag</b> Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	Grilled Cheese Please! (GF Bread) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	Sun Butter & Jelly Sandwich (GF Bread) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk
Pasta w. Meatballs (GF Pasta) Just Picked Fresh Fruit Ice Cold Milk Pint	Nachos w. Meat (Corn Tortilla Chips) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	<b>Grab Bag</b> Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	Pasta w. Marinara Sauce (GF Pasta) Just Picked Fresh Fruit Ice Cold Milk Pint	Turkey & Cheese Sandwich (GF Bread) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk
Grilled Chicken (GF Rice) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	Thanksgiving Turkey (GF Italian Roll) Mashed Potatoes & Gravy Just Picked Fresh Fruit Ice Cold Milk Pint	No School Thanksgiving Break		No School Thanksgiving Break
Mac & Cheese (GF Pasta) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	Cheese Quesadilla (Corn Tortilla) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	<b>Grab Bag</b> Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	Roasted Baked Potato (GF Italian Roll) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	Sun Butter & Jelly Sandwich (GF Bread) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk

To place an order, contact [Judy\\_Burns@ipsd.org](mailto:Judy_Burns@ipsd.org)

Please place your orders 5 days in advance

Each meal includes fruit, vegetable, and milk

A note from the physician is required. Please submit it to the school nurse.

**\*\*Grab Bag\*\* Wednesdays!**  
Yogurt Cup, Mozzarella String Cheese, GF Italian Roll, Fruit, Veg, & Milk

Meals include rBST-free skim or 1% milk



In accordance with Federal law and United States Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, and disability.

It's time to get your GREEN on!

questions? comments? brilliant ideas? we want to hear from you.