

Artificial  
Ingredients,  
Additives,  
Preservatives

High Fructose  
Corn Syrup

Fried Foods  
Mystery Meats

ALWAYS fresh  
NEVER frozen

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4-Star Schod  
Lunch Provider!



**November. Indian Plains. Breakfast.**  
District 204



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Scrambled Eggs w. Biscuit Just Picked Fresh Fruit 100% Fruit Juice Ice Cold Milk	2 Chef's Choice Just Picked Fresh Fruit Ice Cold Milk
5 No School Parent Teacher Conferences	6 No School	7 Breakfast Burrito Just Picked Fresh Fruit Ice Cold Milk	8 Cheesy Scrambled Eggs w. Toast Just Picked Fresh Fruit 100% Fruit Juice Ice Cold Milk	9 Chef's Choice Just Picked Fresh Fruit Ice Cold Milk
12 Heart Healthy Oatmeal  Just Picked Fresh Fruit Ice Cold Milk	13 Waffles w. Syrup Just Picked Fresh Fruit Ice Cold Milk	14 Breakfast Burrito Just Picked Fresh Fruit Ice Cold Milk Pint	15 Scrambled Eggs w. Biscuit Just Picked Fresh Fruit 100% Fruit Juice Ice Cold Milk	16 Chef's Choice Just Picked Fresh Fruit Ice Cold Milk
19 Egg & Cheese English Muffin Sandwich Just Picked Fresh Fruit 100% Fruit Juice Ice Cold Milk	20 Pancakes w. Syrup Just Picked Fresh Fruit Ice Cold Milk	21 No School		23 No School
26 Heart Healthy Oatmeal  Just Picked Fresh Fruit Ice Cold Milk	27 French Toast w. Syrup Just Picked Fresh Fruit Ice Cold Milk	28 Breakfast Burrito Just Picked Fresh Fruit Ice Cold Milk Pint	28 Scrambled Eggs w. Biscuit Just Picked Fresh Fruit 100% Fruit Juice Ice Cold Milk	29 Chef's Choice Just Picked Fresh Fruit Ice Cold Milk

**2018-2019 Meal Pricing:**

\$1.60  
Paid Breakfast  
\$0.30  
Reduced Breakfast  
(If qualified)

**Available Daily:**

~Bagels & Cream Cheese, Assorted Breakfast Bars, Assorted Cereal Bowls, Assorted Pop Tarts, Muffins, etc.

\*Breakfast is available at all High Schools

Meals include rBST-free skim or 1% milk



In accordance with Federal law and United States Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, and disability.

It's time to get your **GREEN** on!

questions? comments? brilliant ideas? we want to hear from you.