



October. Indian Plains. Breakfast. District 204



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Heart Healthy Oatmeal Just Picked Fresh Fruit Ice Cold Milk	2 Waffles w. Syrup Just Picked Fresh Fruit Ice Cold Milk	3 Breakfast Burrito Just Picked Fresh Fruit Ice Cold Milk Pint	4 English Muffin Breakfast Sandwich Just Picked Fresh Fruit Ice Cold Milk	5 Chef's Choice Just Picked Fresh Fruit Ice Cold Milk
8 No School	9 Pancakes w. Syrup Just Picked Fresh Fruit Ice Cold Milk	10 English Muffin w. Jelly Just Picked Fresh Fruit Ice Cold Milk	11 Cheesy Scrambled Eggs w. Toast Just Picked Fresh Fruit Ice Cold Milk	12 Chef's Choice Just Picked Fresh Fruit Ice Cold Milk
15 Heart Healthy Oatmeal Just Picked Fresh Fruit Ice Cold Milk	16 Waffles w. Syrup Just Picked Fresh Fruit Ice Cold Milk	17 French Toast Sticks w. Syrup Just Picked Fresh Fruit Ice Cold Milk Pint	18 English Muffin Breakfast Sandwich Just Picked Fresh Fruit Ice Cold Milk	19 Chef's Choice Just Picked Fresh Fruit Ice Cold Milk
22 Heart Healthy Oatmeal Just Picked Fresh Fruit Ice Cold Milk	23 French Toast w. Syrup Just Picked Fresh Fruit Ice Cold Milk	24 Breakfast Burrito Just Picked Fresh Fruit Ice Cold Milk Pint	25 Scrambled Eggs w. Biscuit Just Picked Fresh Fruit Ice Cold Milk	26 Chef's Choice Just Picked Fresh Fruit Ice Cold Milk
29 Heart Healthy Oatmeal Just Picked Fresh Fruit Ice Cold Milk	30 Pancakes w. Syrup Just Picked Fresh Fruit Ice Cold Milk	31 Biscuit w. Jelly Just Picked Fresh Fruit Ice Cold Milk 		

2018-2019 Meal Pricing:

\$1.60
Paid Breakfast
\$0.30
Reduced
Breakfast
(If qualified)

Available Daily:

~Bagels & Cream
Cheese, Assorted
Breakfast Bars,
Assorted Cereal
Bowls,
Assorted Pop
Tarts, Muffins,
etc.

*Breakfast is
available at all
High Schools

Meals include rBST-free skim or 1% milk



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It's time to get your **GREEN** on!

questions? comments? brilliant ideas? we want to hear from you.