



SEPT 2018. Gluten-Free. Menu. District 204



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 	4 Grilled Chicken (GF Rice) Just Picked Fresh Fruit Ice Cold Milk Pint	5 Grab Bag Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	6 Grilled Cheese Please! (GF Bread) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	7 Grilled Chicken (GF Rice) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk
10 Cheese Nachos (Corn Tortilla Chips) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	11 Chicken Caesar Salad (GF Brazilian Cheese Roll) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	12 Grab Bag Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	13 Pasta Marinara (GF Pasta) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	14 Sun Butter & Jelly Sandwich (GF Bread) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk
17 Grilled Chicken (GF Rice) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	18 Cheese Quesadilla (Flour Tortilla) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	19 Grab Bag Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	20 Roasted Baked Potato (GF Brazilian Cheese Roll) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	21 Ham & Cheese Sandwich (GF Bread) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk
24 Grilled Cheese Please! (GF Bread) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	25 Nachos w. Meat (Corn Tortilla Chips) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	26 Grab Bag Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	27 Pasta w. Meat Sauce (GF Pasta) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk	28 Turkey & Cheese Sandwich (GF Bread) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk

To place an order, contact **Judy_Burns** @ipspd.org

Please place your orders 5 days in advance

Each meal includes fruit, vegetable, and milk

A note from the physician is required. Please submit it to the school nurse.

****Grab Bag** Wednesdays!**
Yogurt Cup, Mozzarella String Cheese, GF Brazilian Cheese Roll, Fruit, Veg, & Milk

Meals include rBST-free skim or 1% milk



In accordance with Federal law and United States Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, and disability.

It's time to get your GREEN on!

questions? comments? brilliant ideas? we want to hear from you.