

Artificial  
Ingredients,  
Additives,  
Preservatives

High Fructose  
Corn Syrup

Fried Foods  
Mystery Meats




ALWAYS fresh  
NEVER frozen

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4-Star Schod  
Lunch Provider!



September.HS. Breakfast.  
District 204



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WHAT'S	YOUR	FAVORITE	BREAKFAST	ITEM?
<p>3</p> 	<p>4</p> <p>Pancakes w. Syrup Just Picked Fresh Fruit Ice Cold Milk</p>	<p>5</p> <p>English Muffin w. Jelly Just Picked Fresh Fruit Ice Cold Milk</p>	<p>6</p> <p>Cheesy Scrambled Eggs w. Toast Just Picked Fresh Fruit Ice Cold Milk</p>	<p>7</p> <p>Chef's Choice Just Picked Fresh Fruit Ice Cold Milk</p>
<p>10</p> <p>Heart Healthy Oatmeal  Just Picked Fresh Fruit Ice Cold Milk</p>	<p>11</p> <p>Waffles w. Syrup Just Picked Fresh Fruit Ice Cold Milk</p>	<p>12</p> <p>French Toast Sticks w. Syrup Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>13</p> <p>English Muffin Breakfast Sandwich Just Picked Fresh Fruit Ice Cold Milk</p>	<p>14</p> <p>Chef's Choice Just Picked Fresh Fruit Ice Cold Milk</p>
<p>17</p> <p>Heart Healthy Oatmeal  Just Picked Fresh Fruit Ice Cold Milk</p>	<p>18</p> <p>French Toast w. Syrup Just Picked Fresh Fruit Ice Cold Milk</p>	<p>19</p> <p>Breakfast Burrito Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>20</p> <p>Scrambled Eggs w. Biscuit Just Picked Fresh Fruit Ice Cold Milk</p>	<p>21</p> <p>Chef's Choice Just Picked Fresh Fruit Ice Cold Milk</p>
<p>24</p> <p>Heart Healthy Oatmeal  Just Picked Fresh Fruit Ice Cold Milk</p>	<p>25</p> <p>Pancakes w. Syrup Just Picked Fresh Fruit Ice Cold Milk</p>	<p>26</p> <p>Biscuit w. Jelly Just Picked Fresh Fruit Ice Cold Milk</p>	<p>27</p> <p>Cheesy Scrambled Eggs w. Toast Just Picked Fresh Fruit Ice Cold Milk</p>	<p>28</p> <p>Chef's Choice Just Picked Fresh Fruit Ice Cold Milk</p>

**2018-2019  
Meal Pricing:**

\$1.60  
Paid Breakfast  
\$0.30  
Reduced  
Breakfast  
(If qualified)

**Available  
Daily:**

~Bagels & Cream  
Cheese, Assorted  
Breakfast Bars,  
Assorted Cereal  
Bowls,  
Assorted Pop  
Tarts, Muffins,  
etc.

\*Breakfast is  
available at all  
High Schools

Meals include rBST-free skim or 1% milk



In accordance with Federal law and United States Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, and disability.

It's time to get your **GREEN** on!

questions? comments? brilliant ideas? we want to hear from you.