

Artificial
Ingredients,
Additives,
Preservatives

High Fructose
Corn Syrup

Fried Foods
Mystery Meats



ALWAYS fresh
NEVER frozen

4-Star Schod
Lunch Provider!



Sept. Indian Plains. Breakfast.
District 204



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WHAT'S	YOUR	FAVORITE	BREAKFAST	ITEM?
<p>3</p> 	<p>4</p> <p>Pancakes w. Syrup Just Picked Fresh Fruit Ice Cold Milk</p>	<p>5</p> <p>English Muffin w. Jelly Just Picked Fresh Fruit Ice Cold Milk</p>	<p>6</p> <p>Cheesy Scrambled Eggs w. Toast Just Picked Fresh Fruit Ice Cold Milk</p>	<p>7</p> <p>Chef's Choice Just Picked Fresh Fruit Ice Cold Milk</p>
<p>10</p> <p>Heart Healthy Oatmeal  Just Picked Fresh Fruit Ice Cold Milk</p>	<p>11</p> <p>Waffles w. Syrup Just Picked Fresh Fruit Ice Cold Milk</p>	<p>12</p> <p>French Toast Sticks w. Syrup Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>13</p> <p>English Muffin Breakfast Sandwich Just Picked Fresh Fruit Ice Cold Milk</p>	<p>14</p> <p>Chef's Choice Just Picked Fresh Fruit Ice Cold Milk</p>
<p>17</p> <p>Heart Healthy Oatmeal  Just Picked Fresh Fruit Ice Cold Milk</p>	<p>18</p> <p>French Toast w. Syrup Just Picked Fresh Fruit Ice Cold Milk</p>	<p>19</p> <p>Breakfast Burrito Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>20</p> <p>Scrambled Eggs w. Biscuit Just Picked Fresh Fruit Ice Cold Milk</p>	<p>21</p> <p>Chef's Choice Just Picked Fresh Fruit Ice Cold Milk</p>
<p>24</p> <p>Heart Healthy Oatmeal  Just Picked Fresh Fruit Ice Cold Milk</p>	<p>25</p> <p>Pancakes w. Syrup Just Picked Fresh Fruit Ice Cold Milk</p>	<p>26</p> <p>Biscuit w. Jelly Just Picked Fresh Fruit Ice Cold Milk</p>	<p>27</p> <p>Cheesy Scrambled Eggs w. Toast Just Picked Fresh Fruit Ice Cold Milk</p>	<p>28</p> <p>Chef's Choice Just Picked Fresh Fruit Ice Cold Milk</p>

**2018-2019
Meal Pricing:**

\$1.60
Paid Breakfast
\$0.30
Reduced
Breakfast
(If qualified)

**Available
Daily:**

~Bagels & Cream
Cheese, Assorted
Breakfast Bars,
Assorted Cereal
Bowls,
Assorted Pop
Tarts, Muffins,
etc.

*Breakfast is
available at all
High Schools

Meals include rBST-free skim or 1% milk



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It's time to get your **GREEN** on!

questions? comments? brilliant ideas? we want to hear from you.