

Artificial  
Ingredients,  
Additives,  
Preservatives

High Fructose  
Corn Syrup

Fried Foods  
Mystery Meats

ALWAYS fresh  
NEVER frozen

\*\*\*\*  
4-Star Schod  
Lunch Provider!



**FEB. 2019. Breakfast. Indian Plains.**

District 204



| MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY  |
|--|--|--|--|---|
|     |  |  |  | Chef's Choice<br>Just Picked Fresh Fruit<br>Ice Cold Milk <sup>1</sup>                |
| Heart Healthy Oatmeal <sup>4</sup><br>♥<br>Just Picked Fresh Fruit<br>Ice Cold Milk  | Pancakes<br>w. Syrup <sup>5</sup><br>Just Picked Fresh Fruit<br>Ice Cold Milk      | Breakfast Burrito <sup>6</sup><br>Just Picked Fresh Fruit<br>Ice Cold Milk       | Cheesy Scrambled Eggs <sup>7</sup><br>w. Toast<br>Just Picked Fresh Fruit<br>100% Fruit Juice<br>Ice Cold Milk | Chef's Choice <sup>8</sup><br>Just Picked Fresh Fruit<br>Ice Cold Milk                |
| Heart Healthy Oatmeal <sup>11</sup><br>♥<br>Just Picked Fresh Fruit<br>Ice Cold Milk | Waffles <sup>12</sup><br>w. Syrup<br>Just Picked Fresh Fruit<br>Ice Cold Milk      | Breakfast Burrito <sup>13</sup><br>Just Picked Fresh Fruit<br>Ice Cold Milk Pint | Scrambled Eggs <sup>14</sup><br>w. Biscuit<br>Just Picked Fresh Fruit<br>100% Fruit Juice<br>Ice Cold Milk     | Chef's Choice <sup>15</sup><br>Just Picked Fresh Fruit<br>Ice Cold Milk               |
| No School<br>President's Day <sup>18</sup>   | French Toast <sup>19</sup><br>w. Syrup<br>Just Picked Fresh Fruit<br>Ice Cold Milk | Breakfast Burrito <sup>20</sup><br>Just Picked Fresh Fruit<br>Ice Cold Milk Pint | Scrambled Eggs <sup>21</sup><br>w. Biscuit<br>Just Picked Fresh Fruit<br>100% Fruit Juice<br>Ice Cold Milk     | Chef's Choice <sup>22</sup><br>Just Picked Fresh Fruit<br>Ice Cold Milk               |
| Heart Healthy Oatmeal <sup>25</sup><br>♥<br>Just Picked Fresh Fruit<br>Ice Cold Milk | Pancakes <sup>26</sup><br>w. Syrup<br>Just Picked Fresh Fruit<br>Ice Cold Milk     | Breakfast Burrito <sup>27</sup><br>Just Picked Fresh Fruit<br>Ice Cold Milk Pint | No School<br>Parent Teacher<br>Conferences <sup>28</sup>   |  |

**2018-2019  
Meal Pricing:**

\$1.60  
Paid Breakfast  
\$0.30  
Reduced  
Breakfast  
(If qualified)

**Available  
Daily:**

~Bagels & Cream  
Cheese, Assorted  
Breakfast Bars,  
Assorted Cereal  
Bowls,  
Assorted Pop  
Tarts, Muffins,  
etc.

\*Breakfast is  
available at all  
High Schools

Meals include rBST-free skim or 1% milk



In accordance with Federal law and United States Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, and disability

Questions? comments? brilliant ideas? we want to hear from you

It's time to get your GREEN on!