



Jan. 2019. GLUTEN FREE. Menu.

District 204



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	<p>1 No School Winter Break</p>	<p>2 No School Winter Break</p>	<p>3 No School Winter Break</p>	<p>4 No School Winter Break</p>
<p>7 Grilled Chicken (GF Rice) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk</p>	<p>8 Cheese Nachos (Corn Tortilla Chips) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk</p>	<p>9 Grab Bag Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>10 Veggie Quesadilla (Corn Tortilla) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk</p>	<p>11 Sun Butter & Jelly Sandwich (GF Bread) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk</p>
<p>14 Hamburger (GF Bun) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>15 Hard Shell Tacos (Corn Tortilla) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk</p>	<p>16 Grab Bag Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>17 Pasta w. Marinara Sauce (GF Pasta) Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>18 Turkey & Cheese Sandwich (GF Bread) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk</p>
<p>21 No School Martin Luther King Day</p>	<p>22 Beef Nachos (Corn Tortilla Chips) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk</p>	<p>23 Grab Bag Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>24 Grilled Chicken (GF Rice) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk</p>	<p>25 Grilled Cheese Please! (GF Bread) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk</p>
<p>28 Mac & Cheese (GF Pasta) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>29 Cheese Quesadilla (Corn Tortilla) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk</p>	<p>30 Grab Bag Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>31 Pasta w. Marinara Sauce (GF Pasta) Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk</p>	

To place an order, contact Judy_Burns@ipspd.org

Please place your orders 5 days in advance

Each meal includes fruit, vegetable, and milk

A note from the physician is required. Please submit it to the school nurse.

****Grab Bag**
Wednesdays!**
Yogurt Cup,
Mozzarella String
Cheese,
GF Italian Roll,
Fruit, Veg, & Milk

Meals include rBST-free skim or 1% milk



In accordance with Federal law and United States Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, and disability.

It's time to get your GREEN on!

questions? comments? brilliant ideas? we want to hear from you.