

Artificial
Ingredients,
Additives,
Preservatives

High Fructose
Corn Syrup

Fried Foods
Mystery Meats

ALWAYS fresh
NEVER frozen

4-Star Schod
Lunch Provider!



January.2019. Indian Plains.

District 204



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 No School Winter Break	2 No School Winter Break	3 No School Winter Break	4 No School Winter Break
7 No School School Improvement Day	8 Pancakes w. Syrup Just Picked Fresh Fruit Ice Cold Milk	9 Breakfast Burrito Just Picked Fresh Fruit Ice Cold Milk	10 Cheesy Scrambled Eggs w. Toast Just Picked Fresh Fruit 100% Fruit Juice Ice Cold Milk	11 Chef's Choice Just Picked Fresh Fruit Ice Cold Milk
14 Heart Healthy Oatmeal Just Picked Fresh Fruit Ice Cold Milk	15 Waffles w. Syrup Just Picked Fresh Fruit Ice Cold Milk	16 Breakfast Burrito Just Picked Fresh Fruit Ice Cold Milk Pint	17 Scrambled Eggs w. Biscuit Just Picked Fresh Fruit 100% Fruit Juice Ice Cold Milk	18 Chef's Choice Just Picked Fresh Fruit Ice Cold Milk
21 No School Martin Luther King Day	22 French Toast w. Syrup Just Picked Fresh Fruit Ice Cold Milk	23 Breakfast Burrito Just Picked Fresh Fruit Ice Cold Milk Pint	24 Scrambled Eggs w. Biscuit Just Picked Fresh Fruit 100% Fruit Juice Ice Cold Milk	25 Chef's Choice Just Picked Fresh Fruit Ice Cold Milk
28 Heart Healthy Oatmeal Just Picked Fresh Fruit Ice Cold Milk	29 Pancakes w. Syrup Just Picked Fresh Fruit Ice Cold Milk	30 Breakfast Burrito Just Picked Fresh Fruit Ice Cold Milk Pint	31 Cheesy Scrambled Eggs w. Toast Just Picked Fresh Fruit 100% Fruit Juice Ice Cold Milk	

**2018-2019
Meal Pricing:**

\$1.60
Paid Breakfast
\$0.30
Reduced
Breakfast
(If qualified)

**Available
Daily:**

~Bagels & Cream
Cheese, Assorted
Breakfast Bars,
Assorted Cereal
Bowls,
Assorted Pop
Tarts, Muffins,
etc.

*Breakfast is
available at all
High Schools

Meals include rBST-free skim or 1% milk



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It's time to get your **GREEN** on!

questions? comments? brilliant ideas? we want to hear from you.