

# RESILIENCE

## THE BIOLOGY OF STRESS & THE SCIENCE OF HOPE

“The child may not remember, but the body remembers.”

As the documentary Resilience reveals, toxic stress can trigger hormones that wreak havoc on the brains and bodies of children, putting them at a greater risk for disease, homelessness, prison time, and early death. While the broader impacts of poverty worsen the risk, no segment of society is immune. Resilience, however, also chronicles the dawn of a movement that is determined to fight back. Trailblazers in pediatrics, education, and social welfare are using cutting-edge science and field-tested therapies to protect children from the insidious effects of toxic stress—and the dark legacy of a childhood that no child would choose.



### RESILIENCE

“It’s not something you’re born with. It’s something that gets built over time.”  
- Dr. Jack Shonkoff

To register click here or visit:  
<https://www.eventbrite.com/e/resilience-screening-panel-discussion-tickets-50371162503>

**THIS IS A FREE PRESENTATION**

Refreshments will be served

**November 1, 2018**

6pm-8pm

(registration begins at 5:30pm)

**Naperville Police  
Department  
Training Room**

1350 Aurora Ave.  
Naperville, IL 60540

Presented by:



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