



PARENT UNIVERSITY

Coaching Your Child Through Big Emotions

Thursday, February 23, 2023 | 7 PM

Children can have big emotions they don't know how to handle. In this Parent University session, parents and guardians will learn ways to coach their child through these feelings and help build their child's emotional competence. Rather than fixing problems for your child, learn how helping them identify and better understand their feelings will help lead them to finding their own solutions.

Presentation: Tracy Schwartz, District 204 SEL Coach

Panel Discussion: Moderated by Dawn Forkner, District 204 SEL and Wellness Coordinator



Tracy Schwartz
SEL Coach
IPSD 204



Dawn Forkner
SEL & Wellness Coordinator
IPSD 204



Casey Woodman
Social Worker
Neuqua Valley H.S.



Elizabeth Mancilla
SEL/Academic Coach
Granger Middle School



Shelli Kelsey
SEL/Academic Coach
Fischer Middle School

**Register and submit
questions here.**

A webinar link will be emailed to
registered attendees before the session.

