

DISTRICT 204

MENTAL HEALTH
SYMPOSIUM



Saturday, March 4, 2023
Metea Valley High School
1801 N. Eola Road, Aurora

REGISTER HERE



THIS EVENT IS OPEN TO THE PUBLIC.

Keynote

Protecting Our Children: Understanding and Monitoring Youth Mental Health

presented by

KidsMatter

Naperville Police Department

in partnership with

Linden Oaks

Fox Valley Institute

Hear from local experts as they discuss the types of stressors local teens are facing today, the warning signs that a child is struggling with depression or suicidal ideations, and practical ways parents can monitor for these signs. Parents and guardians will also learn tips regarding phones, internet safety, and social media.

PRESENTED BY:



Silver Sponsor:

Lifetouch

Bronze Sponsors:

4imprint

Edward-Elmhurst Health

Naperville Park District

Sky Zone

Friend:

Advanced Behavioral Health Services

Schedule:

8:15 - 9:00 AM ***Continental Breakfast***

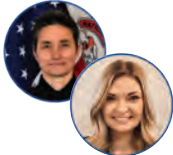
9:00 - 9:45 AM ***Keynote***

10:00 - 10:45 AM ***Breakout Session 1***

11:00 - 11:45 AM ***Breakout Session 2***

11:45 AM - 12:30 PM ***Community Resource Fair***

BREAKOUT SESSION 1 | 10 - 10:45 AM



Mental Health and Law Enforcement Response

presented by

Alexandria Smith and Theresa Stock
Naperville Police Department



Parenting Matters

presented by

Katherine Layden
Strong Families YWCA



Helping Students Feel & Perform Better: Parents as Protectors of Teen Mental Health

presented by

Michael Bushman
American Foundation for Suicide Prevention



Mindful Heart, Mindful Home

presented by

Lindsey Frank
Coalition of Schools Educating Mindfully



Regulating Emotions and Managing Crises with Adolescents and Teens

presented by

Marty Beirne
Linden Oaks Behavioral Health



Navigating Peer Relationships & Conflict

presented by

Alison Genslinger
Indian Prairie School District



Stressed Brains Can't Learn: How Stress Impacts Behavior in School & at Home & What We Can Do About It

presented by

Dr. Marloes Verhoeven
Oasis Mental Health



Road to a Successful Career Path

presented by

Amit Thaker
Referral GPS



Supporting Your Middle School Child

presented by

Deb Kimminau
Indian Prairie School District



Coaching Your Child Through Big Emotions

presented by

Tracy Schwartz LSC
Indian Prairie School District

For more information, visit www.ipisd.org.