

REGISTRATION IS NOW OPEN

NV ULTIMATE FRISBEE

Co-ed, 7th - 12th grades

Winter League

January 8th thru February 26th

Register at nvultimate.com



WHY PLAY ULTIMATE FRISBEE?

- EXCELLENT BALANCE WITH ACADEMICS
- NO CUTS - ALL ARE WELCOME
- KEEP IN SHAPE DURING YOUR OFF SEASON
- SAFE, NON-CONTACT SPORT WITH A COMPARABLY LOW RISK FOR INJURY
- BEGINNER TO ADVANCED PLAY OPPORTUNITIES
- PLAY A SPORT WHERE CHARACTER, COMMUNITY & COMPETITION ARE EQUALLY VALUED

Come out of the cold and join us for our indoor winter league!

-Sundays from 7-8:30 pm

-6 week session: (1) Jan 8, (2) Jan 22, (3) Jan 29, (4) Feb 5, (5) Feb 19, (6) Feb 26

-Just for Kicks Soccer Complex (10200 Soccer Dr, Plainfield, IL 60585)

-*Teams will be player-led and supervised by a chaperone

- Teams will consist of middle school and high school players combined so it's recommended to have a moderate or higher skill level (or a positive attitude to learn as you go with the help of your peers!)

-5 v 5 play

-Cost is \$150 and includes an NV Ultimate Winter League T-Shirt